

EVALUATION FORM



MENTAL HEALTH FIRST AID

 17th and 19th November 2009

1 = excellent 2 = very good 3 = good 4 = fair 5 = poor

| | 1 | 2 | 3 | 4 | 5 | Comments |
|---|---|---|---|---|---|---|
| How would you rate the presenters/ trainers? | 8 | 4 | | | | <ul style="list-style-type: none"> * Probably the best trainer I've come across! * Good pace, all learning styles catered for. * Jane was engaging, kept the atmosphere up with lots of activities and kept the subject very interesting. * Very friendly, open, knowledgeable. * Great instruction, delivered at a good pace by someone with first hand experience. * Very involving and flexible to meet group needs. |
| How would you rate the presentation slides? | 2 | 8 | 2 | | | <ul style="list-style-type: none"> * Clear and concise. * Would like to see 'up to date' stats if at all poss. |
| How would you rate the video clips? | 5 | 6 | 1 | | | <ul style="list-style-type: none"> * Liked the fact these were personal accounts and not actors - very emotive. |
| How would you rate the information in the manual? | 6 | 6 | | | | <ul style="list-style-type: none"> * Good to have something very tangible to take away and use at a later date. * Comprehensive and a good quick referral guide. |
| Learning exercises? | 6 | 4 | 2 | | | <ul style="list-style-type: none"> * Pace was good, and a potentially difficult subject was handled professionally and with some humour. * Good pace - variety of tasks. The day went very quickly. * Particularly the talking in someone elses' ear! All activities illustrated the point very well. * Varied and made the sessions very interactive. * Enjoyable and interactive. * I didn't really understand the purpose of the exercise with regards to newspaper headlines. |
| Environment? | 7 | | 4 | 1 | | |
| Structure? | 7 | 3 | 2 | | | |
| Content? | 7 | 4 | 1 | | | |
| Facilitation? | 8 | 3 | 1 | | | |

EVALUATION FORM

How will you make use of what you have learnt?

- In my everyday working life.
- By using it when supporting families under stress in my job.
- We visit very unstable families and this will aid my understanding of their mental health issues and we can use on our prep. courses for volunteers.
- The subjects covered have a lot of relevance to my role. I will use the knowledge gained with clients.
- I am going to summarise course and present to my team for my CPD and to provide info.
- At work and in my personal life.
- It will enable me to identify anyone at work who might be experiencing a mental health issue and act accordingly where necessary.
- In the workplace and general understanding / awareness of dealing with types (?) of topics covered.
- My role requires that I work with managers and employees for absence issues and this will give me a better understanding and new way of dealing with issues. Be more approachable and give a good understanding of MH.
- In an operational environment be more aware of any signs of people demonstrating potential problems.

Do you have any comments on how we might improve future events?

- Hold more of them, I really enjoyed (engaged?).
- I think the event was excellent. Jane was fab and I wouldn't suggest any improvements.
- Not really.
- Some more up to date stats / info. Perhaps MHP nurses to come in for half an hour and talk about their role.